

Scriptural Rosary

Book No.4

Suffering



Written and compiled

By Jeff Klazura

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Scriptural Rosary - Book No.4 - Suffering

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Prayers To Be Said Before Each Rosary

We live in a world that runs from suffering. The world tells us that the less we suffer, the happier we will be. However, in the writings of the saints, we find an entirely different reality; that it is precisely suffering that strengthens us, humbles us, and forges us into holiness. When we seek to deny our wills and offer our sufferings in love for You, oh Lord, we draw down more grace from heaven than any other action we can possibly make. We see then, that there is no greater measure of our love than our willingness to follow in Your footsteps, to be affixed to a cross, and to suffer.

I believe in God...

Rom 8:18 – I consider that the sufferings of this present time are as nothing compared with the glory to be revealed for us.

Our Father...

1 Thes 5:8 – Put on the breastplate of faith and love and the helmet that is hope for salvation.

Hail Mary... (3x times)

Rev 2:10 – Do not be afraid of anything that you are going to suffer. Remain faithful until death, and I will give you the crown of life.

Glory be...

Oh my Jesus...

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First Joyful Mystery

The Annunciation

(St. Madeline Sophie Barat) – "As iron is fashioned by fire and forged on the anvil, so in the fire of suffering and under the weight of trials, our souls receive that form which our Lord desires them to have." Heavenly Father, we pray that You mold us into holiness, forming us into the persons You want us to be, and guiding us down the path You want us to take. We pray for complete resignation to the will You have for us.

Our Father...

Sir 33:13 – Like clay in the hands of a potter, to be molded according to his pleasure, so are men in the hands of their Creator, to be assigned by him their function.

Hail Mary... (2x times)

Sir 27:5 – The test of what the potter molds is in the furnace.

Hail Mary... (2x times)

1 Cor 1:18 – the message of the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God.

Hail Mary... (2x times)

2 Cor 4:11 – For we who live are constantly being given up to death for the sake of Jesus, so that the life of Jesus may be manifested in our mortal flesh.

Hail Mary... (2x times)

1 Pet 1:6-7 – You may have to suffer through various trials, so that the genuineness of your faith, more precious than gold that is tested by fire, may prove to be for praise, glory and honor at the revelation of Jesus Christ.

Hail Mary... (2x times)

Rev 2:10 – Do not be afraid of anything that you are going to suffer. Remain faithful until death, and I will give you the crown of life.

Glory Be...

Oh My Jesus...

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Second Joyful Mystery

The Visitation

(St. John of the Cross) – "He who wishes to travel the narrow road must cast off all things and use the cross as his cane. In other words, he must be truly resolved to suffer willingly for the love of God in all things." As we contemplate the road Mary took to visit her cousin, out of obedience, let us pray for perseverance in obedience to God in our own lives, amidst times of trials and suffering.

Our Father...

Rom 12:12 – Rejoice in hope, endure in affliction, persevere in prayer.

Hail Mary... (2x times)

Jas 1:2-3 – Consider it all joy, my brothers, when you encounter various trials, for you know that the testing of your faith produces perseverance.

Hail Mary... (2x times)

Acts 5:29 – Peter and the apostles said, "We must obey God rather than men."

Hail Mary... (2x times)

Phil 2:14-15 – Do everything without grumbling or questioning, that you may be blameless and innocent, children of God without blemish in the midst of a crooked and perverse generation, among whom you shine like lights in the world.

Hail Mary... (2x times)

2 Tim 2:11-12 – If we have died with him, we shall also live with him; if we persevere, we shall also reign with him. But if we deny him, he will deny us.

Hail Mary... (2x times)

Rev 2:10 – Do not be afraid of anything that you are going to suffer. Remain faithful until death, and I will give you the crown of life.

Glory Be...

Oh My Jesus...

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Third Joyful Mystery

The Birth of Christ

(St. Rose of Lima) – "Let all men know that tribulation gives birth to grace. Let them know that without the burden of affliction, it is impossible to reach the height of grace. Let them know that the gifts of grace increase as the struggles increase. This is the only true stairway to paradise, and without the cross they can find no road to climb to heaven." Oh Jesus, I pray that the trials in my life will give birth to Your grace in my life, and that I may work in union with this grace to grow in my

spiritual life.

Our Father...

Jn 16:21 – When a woman is in labor, she is in anguish because her hour has arrived; but when she has given birth to a child, she no longer remembers the pain because of her joy.

Hail Mary... (2x times)

Mt 10:38-39 – Whoever does not take up his cross and follow after me is not worthy of me. Whoever finds his life will lose it, and whoever loses his life for my sake will find it.

Hail Mary... (2x times)

1 Pet 5:10 – The God of all grace who called you to his eternal glory through Christ Jesus will himself restore, confirm, strengthen, and establish you after you have suffered a little.

Hail Mary... (2x times)

2 Cor 12:9 – My grace is sufficient for you, for power is made perfect in weakness.

Hail Mary... (2x times)

Heb 13:9 – It is good to have our hearts strengthened by grace and not by other worldly ways, which do not benefit those who live by them.

Hail Mary... (2x times)

Rev 2:10 – Do not be afraid of anything that you are going to suffer. Remain faithful until death, and I will give you the crown of life.

Glory Be...

Oh My Jesus...

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Fourth Joyful Mystery

The Presentation

(Jesus to Saint Faustina) – "A single act of sacrifice pleases Me more than a thousand imperfect prayers. One of your sighs of love atones for many offenses with which the godless overwhelm Me. The smallest act of virtue has unlimited value in My eyes because of your great love for Me." Let us pray that all our sufferings, whether small or big, can be honorably presented to God as atonement for our sins and for the offenses of others.

Our Father...

Ps 4:6 – Offer fitting sacrifice and trust in the Lord.

Hail Mary... (2x times)

2 Cor 4:17 – This momentary light affliction is producing for us an eternal weight of glory beyond all comparison.

Hail Mary... (2x times)

Sir 35:6 – The just man's sacrifice is most pleasing, nor will it ever be forgotten.

Hail Mary... (2x times)

Heb 12:11 – At the time, all discipline seems a cause not for joy but for pain, yet later it brings the peaceful fruit of righteousness to those who are trained by it.

Hail Mary... (2x times)

Sir 34:26 – A man who fasts for his sins, but then goes and commits them again: who will hear his prayer, and what has he gained by his mortification?

Hail Mary... (2x times)

Rev 2:10 – Do not be afraid of anything that you are going to suffer. Remain faithful until death, and I will give you the crown of life.

Glory Be...

Oh My Jesus...

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Fifth Joyful Mystery

Finding Jesus in the Temple

(Jesus to Ven. Mary of Agreda) – "Know that your body and soul will often be in the midst of fire. Although you will not feel My presence on some occasions, I will always be with you." As we contemplate the three days that Mary and Joseph searched for Jesus, worried they had lost Him, let us pray to always have total trust that God is with us in our suffering, especially during times of spiritual dryness.

Our Father...

Ps 34:19 – The Lord is close to the broken-hearted, saves those whose spirit is crushed.

Hail Mary... (2x times)

Lk 6:21 – Blessed are you who are now hungry, for you will be satisfied. Blessed are you who are now weeping, for you will laugh.

Hail Mary... (2x times)

Ps 140:14 – The upright will dwell in your presence.

Hail Mary... (2x times)

2 Cor 4:8-10 – We are afflicted in every way, but not driven to despair; persecuted, but not abandoned; struck down, but not destroyed; so that the life of Jesus may also be manifested in our body.

Hail Mary... (2x times)

1 Cor 10:13 – God is faithful and will not let you be tried beyond your strength; but with the trial he will also provide a way out, so that you may be able to bear it.

Hail Mary... (2x times)

Rev 2:10 – Do not be afraid of anything that you are going to suffer. Remain faithful until death, and I will give you the crown of life.

Glory Be...

Oh My Jesus...

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First Luminous Mystery

Baptism of Jesus in the River Jordan

(Bl. Elizabeth of the Trinity) – "Jesus gives his cross to his true friends so he can come even closer to them." As we contemplate the Baptism of Jesus, let us contemplate our own baptism and our friendship with Christ. Being a true friend to Jesus requires carrying His cross. Let us pray for the grace to embrace our sufferings well, so that our relationship with Him may be strengthened, and that in the end, He will in return, embrace us into the heavenly Kingdom.

Our Father...

Rom 6:3 – Are you unaware that we who were baptized into Christ Jesus were baptized into his death?

Hail Mary... (2x times)

Lk 14:27 – "Whoever does not carry his own cross and come after me cannot be my disciple."

Hail Mary... (2x times)

Jn 15:18-19 – "If the world hates you, realize that it hated me first. If you belonged to the world, the world would love its own; but because you do not belong to the world, the world hates you."

Hail Mary... (2x times)

Acts 14:22 – It is necessary for us to undergo many hardships to enter the kingdom of God.

Hail Mary... (2x times)

Phil 1:29 – For to you has been granted, for the sake of Christ, not only to believe in him, but also to suffer for him.

Hail Mary... (2x times)

Rev 2:10 – Do not be afraid of anything that you are going to suffer. Remain faithful until death, and I will give you the crown of life.

Glory Be...

Oh My Jesus...

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Second Luminous Mystery

The Wedding Feast at Cana

(St. John of Avila) – "It is surely not right that the Son of God should go his way on the path of

suffering while the sons of men walk the way of worldly honor and pleasure: The disciple is not above his teacher, nor the spouse above the Beloved." Let us pray that our suffering will grant us grace to keep our wicks trimmed and our lamps ready for the Bridegroom.

Our Father...

Lk 12:36 – Be like servants who await their master's return from a wedding, ready to open immediately when he comes and knocks.

Hail Mary... (2x times)

Sir 17:15 – All their actions are clear as the sun to him, his eyes are ever upon their ways.

Hail Mary... (2x times)

Mt 12:30 – Whoever is not with me is against me, and whoever does not gather with me scatters.

Hail Mary... (2x times)

2 Tim 2:15 – Be eager to present yourself as acceptable to God.

Hail Mary... (2x times)

Rev 19:7 – Let us rejoice and be glad and give him glory. For the wedding day of the Lamb has come, his bride has made herself ready.

Hail Mary... (2x times)

Rev 2:10 – Do not be afraid of anything that you are going to suffer. Remain faithful until death, and I will give you the crown of life.

Glory Be...

Oh My Jesus...

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Third Luminous Mystery

Proclamation of the Kingdom of Heaven, and the Call to Conversion

(St. Ignatius Loyola) – "Just as for the farmer, the harvest is the period of greatest effort, gathering its fruit into the barns and stockyards, so for the soul there is the laborious harvest during which it can collect as many favors as possible, but there are moments bristling with suffering and crosses; the growing season of the spiritual life." Let us pray that our trials will be a proclamation of faith to others, bringing the conversion of many souls. Let us pray that we may suffer well, so as to harvest God's blessings.

Our Father...

1 Cor 15:58 – Therefore, my beloved brothers, be firm, steadfast, always fully devoted to the work of the Lord, knowing that in the Lord your labor is not in vain.

Hail Mary... (2x times)

Gal 6:8 – The one who sows for the spirit will reap eternal life from the spirit.

Hail Mary... (2x times)

Gal 6:7 – A person will reap only what he sows.

Hail Mary... (2x times)

2 Cor 12:10 – "Therefore, I am content with weaknesses, insults, hardships, persecutions, and constraints for the sake of Christ; for when I am weak, then I am strong."

Hail Mary... (2x times)

Gal 6:9 – Let us not grow tired of doing good, for in due time we shall reap our harvest, if we do not give up.

Hail Mary... (2x times)

Rev 2:10 – Do not be afraid of anything that you are going to suffer. Remain faithful until death, and I will give you the crown of life.

Glory Be...

Oh My Jesus...

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Fourth Luminous Mystery

The Transfiguration

(St. Padre Pio) – "Suffering acts to purify the soul, revealing its own weakness and impurities, and causes the soul to realize its own unworthiness. This degree is characterized as purification. It is the first and most necessary step towards union with Our Lord." As we contemplate the transfiguration of Christ, let us pray that we may be transformed, purified, and made holy; abandoning all ways of wickedness.

Our Father...

1 Cor 3:13 – The work of each will come to light, for the day will disclose it. It will be revealed with fire, and the fire will test the quality of each one's work.

Hail Mary... (2x times)

1 Pet 2:20 – What credit is there if you are patient when beaten for doing wrong? But if you are

patient when you suffer for doing what is good, this is a grace before God.

Hail Mary... (2x times)

1 Pet 5:8-9 —Your opponent, the devil, is prowling around looking for someone to devour. Resist him, steadfast in faith, knowing that your fellow believers throughout the world undergo the same sufferings.

Hail Mary... (2x times)

Eph 5:1 – Be imitators of God, as beloved children and live in love.

Hail Mary... (2x times)

Eph 4:22-24 – Put away the old self of your former way of life, corrupted through deceitful desires, and be renewed in the spirit of your minds, and put on the new self, created in God's way in righteousness and holiness of truth.

Hail Mary... (2x times)

Rev 2:10 – Do not be afraid of anything that you are going to suffer. Remain faithful until death, and I will give you the crown of life.

Glory Be...

Oh My Jesus...

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Fifth Luminous Mystery

Institution of Eucharist at the Last Supper

(St. Therese) – "The key step in turning our daily trials and inconveniences into life giving manna for souls is to make a continual act of self-denial in all things, with no other purpose than pure love of God and a desire to please Him; whether it is denying our daily pleasures, or turning away from temptations to be disobedient, or offering even our smallest sufferings to God." As we contemplate Jesus as the Bread of Life, let us pray for the grace to always keep our love for Him in the forefront of our minds, in all that we think, say, and do.

Our Father...

Jn 10:27 – "My sheep hear my voice; I know them, and they follow me."

Hail Mary... (2x times)

2 Pet 1:5-6 – Make every effort to supplement your faith with virtue, virtue with knowledge, knowledge with self-control, self-control with endurance, and endurance with devotion.

Hail Mary... (2x times)

2 Cor 7:1 – Let us cleanse ourselves from every defilement of flesh and spirit, making holiness perfect in the fear of God.

Hail Mary... (2x times)

Rom 12:1 – I urge you therefore, by the mercies of God, to offer your bodies as a living sacrifice, holy and pleasing to God, your spiritual worship.

Hail Mary... (2x times)

Mt 11:28 – come to me, all you who labor and are burdened, and I will give you rest.

Hail Mary... (2x times)

Rev 2:10 – Do not be afraid of anything that you are going to suffer. Remain faithful until death, and I will give you the crown of life.

Glory Be...

Oh My Jesus...

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First Sorrowful Mystery

Agony in the Garden

(Saint Faustina) – "Our Lord desires that the soul continues to advance, as He has prepared even greater graces for it. And so the soul may begin to experience more intense periods of interior darkness, or nights, where it must learn to renounce not only its carnal appetites, but also spiritual appetites as well (that is; the desire for consolations, sweetness in prayer, spiritual gifts, and so forth)." As we contemplate the dark night in the Garden of Gethsemane, let us pray that our dark nights of suffering will advance us in our spiritual life, offering up our afflictions for the winning of souls to God, starting with our own soul.

Our Father...

Jn 16:22 – "You are now in anguish. But I will see you again, and your hearts will rejoice, and no one will take your joy away from you."

Hail Mary... (2x times)

2 Cor 1:6 – If we are afflicted, it is for our encouragement and salvation...

Hail Mary... (2x times)

Sir 2:1-2 — When you come to serve the Lord, prepare yourself for trials. Be sincere of heart and steadfast, undisturbed in time of adversity.

Hail Mary... (2x times)

Sir 35:5 – The just man's offering enriches the altar and rises as a sweet odor before the Most High.

Hail Mary... (2x times)

Mt 24:42 – Stay awake! For you do not know on which day your Lord will come.

Hail Mary... (2x times)

Rev 2:10 – Do not be afraid of anything that you are going to suffer. Remain faithful until death, and I will give you the crown of life.

Glory Be...

Oh My Jesus...

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Second Sorrowful Mystery

Scourging at the Pillar

(St. Vincent de Paul) – "We should strive to keep our hearts open to the sufferings and wretchedness of other people, and pray continually that God may grant us that spirit of compassion which is truly the spirit of God." Let us pray for the grace of mercy and compassion for others in their suffering, but also during times that others bring affliction to our lives, so that through our reflection of Christ in our actions, we might win souls to God.

Our Father...

Lk 23:34 – then Jesus said, "Father, forgive them, they know not what they do."

Hail Mary... (2x times)

Lk 21:12-13 – "They will seize and persecute you, they will hand you over to the synagogues and to prisons, and have you led before kings and governors because of my name. It will lead to your giving testimony."

Hail Mary... (2x times)

Mt 5:7 – Blessed are the merciful, for they will be shown mercy.

Hail Mary... (2x times)

Jas 1:19 – Know this, my dear brothers: everyone should be quick to hear, slow to speak, slow to wrath, for the wrath of a man does not accomplish the righteousness of God.

Hail Mary... (2x times)

Col 3:12-13 – Put on then, as God's chosen ones, holy and beloved, heartfelt compassion, kindness, humility, gentleness and patience, bearing with one another and forgiving one another.

Hail Mary... (2x times)

Rev 2:10 – Do not be afraid of anything that you are going to suffer. Remain faithful until death, and I will give you the crown of life.

Glory Be...

Oh My Jesus...

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Third Sorrowful Mystery

Crowning of Thorns

(St. Vincent de Paul) – "When God sends us pain and suffering and the soul walks on thorny ground, it is time to rejoice that God has destined it for such high perfection." As we contemplate the thorns pressed into our Lord's Passion, let us pray for an increase in humbleness in our own sufferings. Humility is critical in our spiritual life. Saint Augustine tells us, "Humility is the foundation of all the

other virtues. Hence, the soul in which this virtue does not exist, there cannot be any other virtue except in mere appearance." Oh Jesus, forgive me of my arrogance and pride. I want to be humble.

Our Father...

2 Cor 12:7 – "That I might not become too elated, a thorn in the flesh was given to me, an angel of Satan, to beat me, to keep me from being too elated."

Hail Mary... (2x times)

1 Pet 5:5 – Clothe yourselves with humility in your dealings with one another, for: "God opposes the proud but bestows favor on the humble."

Hail Mary... (2x times)

Phil 2:3 – Do nothing out of selfishness or out of vainglory; rather, humbly regard others as more important than yourselves.

Hail Mary... (2x times)

Sir 3:17 – Conduct your affairs with humility, and you will be loved more than a giver of gifts.

Hail Mary... (2x times)

1 Pet 2:23 – When he was insulted, he returned no insult; when he suffered, he did not threaten; instead, he handed himself over to the one who judges justly.

Hail Mary... (2x times)

Rev 2:10 – Do not be afraid of anything that you are going to suffer. Remain faithful until death, and I will give you the crown of life.

Glory Be...

Oh My Jesus...

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Fourth Sorrowful Mystery

Carrying of the Cross

(St. Padre Pio) – "When crosses overwhelm us, the grace of God will warm our hearts and inflame them with such love that we will burn with a thirst for suffering without limit, and thirst to be humiliated and scoffed at and even abandoned in order to show how much we love Our Father, Jesus Christ, and his beloved Mother. Suffering is the school of love." Oh Jesus, as we experience our crosses in life, may we offer our suffering as a sacrifice of love to You, knowing that our crosses will lead us on a closer union with You.

Our Father...

2 Cor 7:4 – "I am overflowing with joy all the more because of all our affliction."

Hail Mary... (2x times)

Phil 4:13 – I have the strength for everything through him who empowers me.

Hail Mary... (2x times)

2 Tim 1:8 – Bear your share of hardship for the gospel, with the strength that comes from God.

Hail Mary... (2x times)

Sir 2:4-5 – Accept whatever befalls you, in crushing misfortune be patient; for in fire gold is tested, and worthy men in the crucible of humiliation.

Hail Mary... (2x times)

Jn 12:25 – "Whoever loves his life loses it, and whoever hates his life in this world will preserve it for eternal life."

Hail Mary... (2x times)

Rev 2:10 – Do not be afraid of anything that you are going to suffer. Remain faithful until death, and I will give you the crown of life.

Glory Be...

Oh My Jesus...

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Fifth Sorrowful Mystery

The Crucifixion and Death

(St. Faustina) – "It is You Jesus, stretched out on the cross, who gives me strength and are always close to the suffering soul. Creatures will abandon a person in his suffering, but You, O Lord, are faithful." We give You our praise and thanksgiving for Your incredible love for us.

Our Father...

Rom 8:38 – I am convinced that neither death, nor life, nor angels, nor principalities, nor present things, nor future things, nor powers, nor height, nor depth, nor any creature will be able to separate us from the love of God in Christ Jesus our Lord.

Hail Mary... (2x times)

Eph 2:4-5 – God, who is rich in mercy, because of the great love he had for us, even when we were dead in our transgressions, brought us to life with Christ.

Hail Mary... (2x times)

Ps 31:22 – Blessed be the Lord, who has shown me wondrous love.

Hail Mary... (2x times)

Jn 15:12-13 – "This is my commandment: love one another as I love you. No one has greater love than this, to lay down one's life for one's friends."

Hail Mary... (2x times)

Ps 31:6 – Into your hands I commend my spirit.

Hail Mary... (2x times)

Rev 2:10 – Do not be afraid of anything that you are going to suffer. Remain faithful until death, and I will give you the crown of life.

Glory Be...

Oh My Jesus...

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First Glorious Mystery

The Resurrection

(St. Columba) – "Our perils are many, the struggle awaiting us is severe, and the enemy terrible; but the recompense is glorious, and will be manifested." Let us pray for true joy in all our suffering. Let us pray for the salvation of our souls and for the souls of all our family and loved ones. Let us pray for the conversion of mankind.

Our Father...

Mt 5:4 – Blessed are they who mourn, for they will be comforted.

Hail Mary... (2x times)

Ps 42:6 – Why are you downcast, my soul; why do you groan within me? Wait for God, whom I shall praise again, my savior and my God.

Hail Mary... (2x times)

Mt 5:10 – Blessed are they who are persecuted for the sake of righteousness, for theirs is the kingdom of heaven.

Hail Mary... (2x times)

Jn 14:6 – Jesus said, "I am the way and the truth and the life. No one comes to the Father except through me."

Hail Mary... (2x times)

Ps 63:2 – O God, you are my God, for you I long! For you my body yearns; for you my soul thirsts.

Hail Mary... (2x times)

Rev 2:10 – Do not be afraid of anything that you are going to suffer. Remain faithful until death, and I will give you the crown of life.

Glory Be...

Oh My Jesus...

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Second Glorious Mystery

The Ascension

(St. Teresa of Avila) – "The soul must become detached from even spiritual attachments, and lean on faith alone. In this darkness, the soul makes the greatest progress, but without realizing it. And if the

soul perseveres, the greater will its love be inflamed, until it can be said that Christ has taken possession of the soul." Let us pray that God, and nothing else, will possess our soul, and that we may be detached from the attraction of all other things.

Our Father...

Col 3:1-2 – Seek what is above, where Christ is seated at the right hand of God. Think of what is above, not of what is on earth.

Hail Mary... (2x times)

Jn 15:1-2 – "I am the vine, and my Father is the vine grower. He takes away every branch in me that does not bear fruit, and everyone that does, he prunes so that it bears more fruit."

Hail Mary... (2x times)

1 Pet 1:8-9 – Although you have not seen him you love him. You rejoice with an indescribable and glorious joy, as you attain the goal of [your] faith, the salvation of your souls.

Hail Mary... (2x times)

Jas 1:27 – Religion that is pure and undefiled before God and the Father is this: to keep oneself unstained by the world.

Hail Mary... (2x times)

Rev 12:12 – Therefore, rejoice, you heavens, and you who dwell in them. But woe to you, earth and sea, for the Devil has come down to you in great fury, for he knows he has but a short time.

Hail Mary... (2x times)

Rev 2:10 – Do not be afraid of anything that you are going to suffer. Remain faithful until death, and I will give you the crown of life.

Glory Be...

Oh My Jesus...

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Third Glorious Mystery

The Descent of the Holy Spirit

(St. Philip Neri) – "Do not grieve over the temptations you suffer. When the Holy Spirit intends to bestow a particular virtue on us, He often permits us first to be tempted by the opposite vice." Let us pray, through the power and grace of the Holy Spirit, to see temptations before they arise, to resist or flee from them, and to grow in virtue.

Our Father...

1 Pet 2:11 – Beloved, I urge you as aliens and sojourners to keep away from worldly desires that wage war against the soul.

Hail Mary... (2x times)

Heb 12:4 – In your struggle against sin you have not yet resisted to the point of shedding blood.

Hail Mary... (2x times)

Jas 4:7-8 – Submit yourselves to God. Resist the devil, and he will flee from you. Draw near to God, and he will draw near to you.

Hail Mary... (2x times)

Ps 119:110 – The wicked have set snares for me, but from your precepts I do not stray.

Hail Mary... (2x times)

Lk 4:13 – When the devil had finished every temptation, he departed from him for a time.

Hail Mary... (2x times)

Rev 2:10 – Do not be afraid of anything that you are going to suffer. Remain faithful until death, and I will give you the crown of life.

Glory Be...

Oh My Jesus...

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Fourth Glorious Mystery

The Assumption of Mary

(St. Bernadette of Lourdes) – "As a proof of my love for him, I must follow the example of Mary, suffer and generously sacrifice all to him." As Mary is the spotless mirror of Jesus, reflecting a perfect image of Him, let us pray that we too may be a clear reflection of Christ in all our sufferings, and in all that we think say and do.

Our Father...

1Jn 2:6 – Whoever claims to abide in him ought to live just as he lived.

Hail Mary... (2x times)

Wis 7:26 – She is the refulgence of eternal light, the spotless mirror of the power of God, the image of his goodness.

Hail Mary... (2x times)

1 Pet 3:9 – Do not return evil for evil, or insult for insult; but, on the contrary, a blessing, because to this you were called, that you might inherit a blessing.

Hail Mary... (2x times)

Rom 12:14 – Bless those who persecute you, bless and do not curse them.

Hail Mary... (2x times)

1 Jn 1:11 – Beloved, do not imitate evil but imitate good. Whoever does what is good is of God; whoever does what is evil has never seen God.

Hail Mary... (2x times)

Rev 2:10 – Do not be afraid of anything that you are going to suffer. Remain faithful until death, and I will give you the crown of life.

Glory Be...

Oh My Jesus...

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Fifth Glorious Mystery

Crowning of Mary as Queen Mother

(Queen Mother spoke these words to St. Gemma Galgani) – "Since my Son has made Himself the life and the way for men through his Passion and Death, is it not evident that in order to receive the crown of life and live up to this truth, they must follow Christ crucified, afflicted, scourged and affronted? Consider the ignorance of men who wish to receive the crown of life from the Father without following Christ, since they expect to reign with God without suffering or imitating his Passion." Through the intercession of our Blessed Mother, let us pray for the grace to follow Christ in all our sufferings, and that she will lead us to receive the crown of life from the Father.

Our Father...

Wis 8:7 – The fruit of her works are virtues; for she teaches moderation and prudence, justice and fortitude, and nothing in life is more useful for men than these.

Hail Mary... (2x times)

1 Cor 9:25 – Every athlete exercises discipline in every way. They do it to win a perishable crown, but we an imperishable one.

Hail Mary... (2x times)

1 Pet 5:3-4 – Be examples to the flock. And when the chief Shepherd is revealed, you will receive the unfading crown of glory.

Hail Mary... (2x times)

Phil 3:14 – I continue my pursuit towards the goal, the prize of God's upward calling, in Christ Jesus.

Hail Mary... (2x times)

Rev 3:11 – I am coming quickly. Hold fast to what you have so that no one may take your crown.

Hail Mary... (2x times)

Rev 2:10 – Do not be afraid of anything that you are going to suffer. Remain faithful until death, and I will give you the crown of life.

Glory Be...

Oh My Jesus...

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How to Say the Specific Prayers of the Rosary

SIGN OF THE CROSS:

In the name of the Father, and of the Son, and of the Holy Spirit, Amen.

APOSTLES CREED:

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead... I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen

OUR FATHER:

Our Father, Who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

HAIL MARY:

Hail Mary, full of grace. The Lord is with thee. Blessed art thou amongst women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death, Amen.

GLORY BE:

Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen.

OH MY JESUS:

O my Jesus, forgive us of our sins. Save us from the fires of hell. Lead all souls into heaven, especially those in most need of thy mercy.

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